

# 2007 Northern Athletics Conference Indoor Championships

## 55 Meter Dash

### Preliminaries

Place	Heat	Lane	Wind	Competitor, School	Time
1	1	3		Geoffrey Gipson (Sr), Concordia Chicago	6.80 Q
2	1	2		Cody Leamen (So), Benedictine	6.82 Q
3	1	5		Tom Dietrich (So), Wisconsin Lutheran	7.12 Q
4	1	1		Cam Wash (Fr), Wisconsin Lutheran	7.22
1	2	3		Chad Williams (Fr), Concordia WI	6.74 Q
2	2	4		Milton Moses (Jr), Concordia Chicago	6.79 Q
3	2	2		Daniel Hamilton (So), Concordia WI	6.88 Q
4	2	6		Jason McClelland (Fr), Concordia WI	6.97 Q
5	2	5		Ryan Cashmore (So), Concordia WI	7.36
1	3	3		Ryan Timm (Fr), Wisconsin Lutheran	6.78 Q
2	3	6		Ricardo Levy (Jr), Concordia WI	6.91 Q
3	3	4		Robert Sanford (Fr), Benedictine	7.03 Q
4	3	5		James Pettis (Fr), Concordia Chicago	7.17 Q
5	3	2		Matt Kunz (So), Benedictine	7.19 Q
6	3	1		William Richardson (Jr), Edgewood	7.74

### Finals

Place	Heat	Lane	Wind	Competitor, School	Time
1	2	3		Chad Williams (Fr), Concordia WI	6.65
2	2	5		Geoffrey Gipson (Sr), Concordia Chicago	6.71
3	2	4		Ryan Timm (Fr), Wisconsin Lutheran	6.72
4	2	1		Cody Leamen (So), Benedictine	6.80
5	1	3		Ricardo Levy (Jr), Concordia WI	6.91
6	2	2		Milton Moses (Jr), Concordia Chicago	6.97
7	1	2		Robert Sanford (Fr), Benedictine	6.99
8	2	6		Daniel Hamilton (So), Concordia WI	7.03
9	1	4		Jason McClelland (Fr), Concordia WI	7.05
10	1	5		Tom Dietrich (So), Wisconsin Lutheran	7.11
11	1	1		James Pettis (Fr), Concordia Chicago	7.21
11	1	6		Matt Kunz (So), Benedictine	7.21

## 200 Meter Dash

### Finals

Place	Heat	Lane	Wind	Competitor, School	Time
1	2	4		Craig Mariano (So), Aurora	23.32
2	5	5		Jeremy Streater (Fr), Concordia Chicago	23.49
3	4	5		Chad Williams (Fr), Concordia WI	23.66
4	5	3		Ryan Timm (Fr), Wisconsin Lutheran	23.83
5	3	4		Aaron Smith (Jr), Aurora	24.00
6	4	3		Cody Leamen (So), Benedictine	24.27
7	2	2		Ricardo Levy (Jr), Concordia WI	24.30
8	3	5		Tom Dietrich (So), Wisconsin Lutheran	24.58
9	4	6		Joseph Tregallas (Fr), Concordia WI	24.75
10	2	5		Jason McClelland (Fr), Concordia WI	24.89
11	5	2		Milton Moses (Jr), Concordia Chicago	24.96
12	4	4		James Pettis (Fr), Concordia Chicago	24.97
13	4	2		Matt Waite (Jr), Aurora	25.07
14	5	6		Robert Sanford (Fr), Benedictine	25.62
15	2	6		Eric Ulm (So), Wisconsin Lutheran	26.41
16	2	3		Daniel Hamilton (So), Concordia WI	26.73
17	3	6		Stu Johnson (So), Concordia WI	26.74
18	3	2		William Richardson (Jr), Edgewood	27.69

## 400 Meter Dash

### Finals

Place	Heat	Lane	Wind	Competitor, School	Time
1	1	2		Geoffrey Gipson (Sr), Concordia Chicago	52.00

1	1	3	Craig Mariano (So), Aurora	52.06
2	3	5	Aaron Smith (Jr), Aurora	53.20
3	3	3	Mark Hering (So), Concordia WI	53.28
4	3	4	Jeremy Streater (Fr), Concordia Chicago	53.55
5	3	6	Mike Berry (Fr), Benedictine	53.94
6	2	3	Travis Quigley (Jr), Aurora	54.82
7	2	4	Andy Rawlsky (So), Concordia WI	55.09
8	2	5	Paul Rosin (Fr), Concordia WI	55.14
9	2	2	David Kraase (Fr), Concordia WI	55.24
10	3	2	Matt Kunz (So), Benedictine	56.99
11	1	5	Eric Ulm (So), Wisconsin Lutheran	57.06
12	1	4	Jeff Fellers (Fr), Aurora	57.50
13	2	6	Joshua Weber (So), Concordia WI	58.12

## 800 Meter Run

### Finals

Place	Heat	Lane	Wind	Competitor, School	Time
1	1	1		David Mathew (Jr), Aurora	2:00.82
2	1	10		Matt Lindgren (Fr), Rockford	2:00.96
3	1	2		Scott Anderson (Jr), Aurora	2:04.16
4	1	7		Derek Babson (Jr), Aurora	2:05.81
5	1	5		Joshua Wheeler (Fr), Concordia WI	2:07.00
6	1	9		Joe Lutzow (So), Concordia Chicago	2:09.47
7	1	11		Sanders Crosby (Fr), Rockford	2:09.70
8	1	6		Alex Arman (Fr), Benedictine	2:12.95
9	1	4		Jeremy Bilitz (Fr), Wisconsin Lutheran	2:22.45
10	1	3		Tyler Schroeder (Fr), Wisconsin Lutheran	2:23.17
11	1	8		Jake Jaehnke (Fr), Wisconsin Lutheran	2:28.81

## Mile Run

### Finals

Place	Heat	Lane	Wind	Competitor, School	Time
1	1	1		Micah Lorenzen (Jr), Concordia WI	4:29.08
2	1	2		Chad Zeman (Jr), Rockford	4:32.56
3	1	3		Zach Shiels (So), Wisconsin Lutheran	4:40.21
4	1	6		Eric Locke (Jr), Concordia WI	4:42.40
5	1	4		Joe Lutzow (So), Concordia Chicago	4:43.32
6	1	5		Jake Schlueter (Fr), Aurora	4:48.97
7	1	7		Alex Arman (Fr), Benedictine	5:09.76
8	1	8		Rob Fry (Jr), Rockford	5:21.96
9	1	9		Daniel Ponce (Fr), Benedictine	5:34.17

## 3000 Meter Run

### Finals

Place	Heat	Lane	Wind	Competitor, School	Time
1	1	2		Micah Lorenzen (Jr), Concordia WI	8:55.11
2	1	1		Chad Zeman (Jr), Rockford	9:11.59
3	1	3		Zach Shiels (So), Wisconsin Lutheran	9:33.84
4	1	4		Tony Hardin (So), Rockford	9:42.64
5	1	8		Eric Locke (Jr), Concordia WI	9:43.12
6	1	7		Jake Schlueter (Fr), Aurora	9:47.69
7	1	5		Neal Miller (So), Wisconsin Lutheran	9:58.27
8	1	9		Kevin Peters (Fr), Aurora	10:24.84
9	1	10		Dan Oryall (Fr), Edgewood	11:22.35

## 5000 Meter Run

### Finals

Place	Heat	Lane	Wind	Competitor, School	Time
1	1	1		Micah Lorenzen (Jr), Concordia WI	16:52.27
2	1	2		Zach Shiels (So), Wisconsin Lutheran	17:02.05
3	1	5		Jake Schlueter (Fr), Aurora	17:49.66
4	1	4		Neal Miller (So), Wisconsin Lutheran	17:55.97
5	1	3		Eric Locke (Jr), Concordia WI	18:17.28
6	1	6		Kevin Peters (Fr), Aurora	18:26.45
7	1	7		Dan Oryall (Fr), Edgewood	19:30.71

# 55 Meter Hurdles

## Finals

Place	Heat	Lane	Wind	Competitor, School	Time
1	2	4		Travis Quigley (Jr), Aurora	8.26
2	2	5		Mark Hering (So), Concordia WI	8.44
3	2	2		Matt Moeller (So), Wisconsin Lutheran	8.49
4	2	1		Paul Rosin (Fr), Concordia WI	8.52
5	1	5		Jeff Fellers (Fr), Aurora	8.87
6	1	4		Ben Lease (Fr), Edgewood	9.53
7	1	3		Matt Waite (Jr), Aurora	9.65
8	1	2		John Oakley (Jr), Aurora	12.38

# Distance Medley

## Finals

Place	Heat	Order	Wind	School (Relay Members)	Time
1	1	0		ROCKFORD 271 Tony Hardin (So), 269 Sanders Crosby (Fr) 272 Matt Lindgren (Fr), 273 Chad Zeman (Jr)	11:19.26
2	1	0		AURORA 210 David Mathew (Jr), 209 Craig Mariano (So) 202 Scott Anderson (Jr), 203 Derek Babson (Jr)	11:37.27
3	1	0		WISCONSIN LUTHERAN 275 Jeremy Bilitz (Fr), 287 Blaine Welch (So) 277 Jake Jaehnke (Fr), 281 Tyler Schroeder (Fr)	12:36.15
4	1	0		CONCORDIA WI 249 David Kraase (Fr), 261 Joshua Wheeler (Fr) 256 Andy Rawlsky (So), 259 Dan Unger (Sr)	12:51.31
5	1	0		BENEDICTINE 227 Daniel Ponce (Fr), 220 Mike Berry (Fr) 233 Ryan Webster (Fr), 221 Rick Burke (Jr)	13:11.13

# 4x400 Meter Relay

## Finals

Place	Heat	Order	Wind	School (Relay Members)	Time
1	1	2		CONCORDIA WI 246 Mark Hering (So), 256 Andy Rawlsky (So) 261 Joshua Wheeler (Fr), 244 Xavier Dyer (Fr)	3:42.57
2	1	6		WISCONSIN LUTHERAN 283 Ryan Timm (Fr), 281 Tyler Schroeder (Fr) 284 Eric Ulm (So), 280 Matt Moeller (So)	3:48.46
3	1	4		BENEDICTINE 228 Robert Sanford (Fr), 225 Cody Leamen (So) 224 Matt Kunz (So), 220 Mike Berry (Fr)	3:51.38
4	1	5		ROCKFORD 272 Matt Lindgren (Fr), 269 Sanders Crosby (Fr) 271 Tony Hardin (So), 273 Chad Zeman (Jr)	3:52.49
.	1	3		AURORA 215 Travis Quigley (Jr), 217 Aaron Smith (Jr) 202 Scott Anderson (Jr), 210 David Mathew (Jr)	DNF

# Long Jump

## Finals

Place	Heat	Lane	Wind	Bib#	Name (Grade)	Team	Mark
1	2			239	Milton Moses (Jr)	Concordia Chicago	21'08.75" 6.62
2	2			243	Kasiem Duran (Fr)	Concordia WI	21'07.50" 6.59
3	1			212	Pierre Nealon (Jr)	Aurora	20'01.50" 6.13
4	2			280	Matt Moeller (So)	Wisconsin Lutheran	19'09.75" 6.04
5	2			250	Ricardo Levy (Jr)	Concordia WI	19'03.25" 5.87
6	2			254	Jason McClelland (Fr)	Concordia WI	19'00.50" 5.80
7	1			213	John Oakley (Jr)	Aurora	18'08.00" 5.69
8	2			218	Matt Waite (Jr)	Aurora	18'05.75" 5.63
9	2			260	Joshua Weber (So)	Concordia WI	18'04.25" 5.59
10	1			244	Xavier Dyer (Fr)	Concordia WI	18'00.50" 5.50
11	1			247	Trevor Hess (Fr)	Concordia WI	17'08.75" 5.40
12	1			258	Joseph Tregallas (Fr)	Concordia WI	17'08.25" 5.39
13	1			223	Ryan Chartrand (Jr)	Benedictine	17'07.50" 5.37
14	1			249	David Kraase (Fr)	Concordia WI	17'06.25" 5.24

17	1	225	David Kraase (Fr)	Concordia WI	17'06.25"	5.34
15	1	225	Cody Leamen (So)	Benedictine	17'01.25"	5.21

## Triple Jump

Finals

Place	Heat	Lane	Wind	Bib#	Name (Grade)	Team	Mark
1	1			212	Pierre Nealon (Jr)	Aurora	40'11.50" 12.48
2	1			218	Matt Waite (Jr)	Aurora	40'06.75" 12.36
3	1			209	Craig Mariano (So)	Aurora	40'04.25" 12.30
4	1			239	Milton Moses (Jr)	Concordia Chicago	40'03.25" 12.27
5	1			250	Ricardo Levy (Jr)	Concordia WI	39'10.50" 12.15
6	1			258	Joseph Tregallas (Fr)	Concordia WI	39'01.00" 11.91
7	1			280	Matt Moeller (So)	Wisconsin Lutheran	38'10.50" 11.85
8	1			246	Mark Hering (So)	Concordia WI	37'03.25" 11.36
9	1			248	Stu Johnson (So)	Concordia WI	36'09.00" 11.20
10	1			213	John Oakley (Jr)	Aurora	35'05.75" 10.81
999	1			255	Matthew Oldenberg (So)	Concordia WI	FOUL

## Shot Put

Finals

Place	Heat	Lane	Wind	Bib#	Name (Grade)	Team	Mark
1	2			207	Adrian Kibiersza (Fr)	Aurora	49'06.50" 15.10
2	2			206	Justin Harmon (Sr)	Aurora	44'04.00" 13.51
3	2			234	Matt Wilkin (Jr)	Benedictine	43'01.75" 13.15
4	2			222	Tyler Burke (Fr)	Benedictine	41'02.25" 12.55
5	1			204	Chris Berry (Fr)	Aurora	41'01.00" 12.52
6	1			283	Ryan Timm (Fr)	Wisconsin Lutheran	40'08.25" 12.40
7	2			278	Rick LaFleur (So)	Wisconsin Lutheran	38'10.50" 11.85
8	2			242	Ryan Cashmore (So)	Concordia WI	38'07.75" 11.78
9	1			230	Pete Sgarbossa (Jr)	Benedictine	38'06.25" 11.74
10	1			274	Matt Arentsen (Jr)	Wisconsin Lutheran	35'06.50" 10.83
11	2			229	Kyle Schulz (Fr)	Benedictine	34'11.00" 10.64
12	1			255	Matthew Oldenberg (So)	Concordia WI	33'05.75" 10.20
13	1			232	Pete Thompson (Fr)	Benedictine	32'05.75" 9.90
14	1			284	Eric Ulm (So)	Wisconsin Lutheran	30'07.75" 9.34
999	2			238	Patrick McClendon (Jr)	Concordia Chicago	FOUL

## Weight Throw

Finals

Place	Heat	Lane	Wind	Bib#	Name (Grade)	Team	Mark
1	2			234	Matt Wilkin (Jr)	Benedictine	49'02.25" 14.99
2	2			226	Devin Montgomery (Fr)	Benedictine	45'07.75" 13.91
3	2			230	Pete Sgarbossa (Jr)	Benedictine	42'09.00" 13.03
4	2			207	Adrian Kibiersza (Fr)	Aurora	41'07.25" 12.68
5	2			242	Ryan Cashmore (So)	Concordia WI	40'08.25" 12.40
6	2			278	Rick LaFleur (So)	Wisconsin Lutheran	39'10.00" 12.14
7	1			222	Tyler Burke (Fr)	Benedictine	39'09.75" 12.13
8	2			231	Quarandus Taylor (Fr)	Benedictine	39'03.75" 11.98
9	2			206	Justin Harmon (Sr)	Aurora	38'07.50" 11.77
10	1			204	Chris Berry (Fr)	Aurora	37'06.00" 11.43
11	1			229	Kyle Schulz (Fr)	Benedictine	34'03.50" 10.45
12	1			287	Blaine Welch (So)	Wisconsin Lutheran	34'02.75" 10.43
13	1			274	Matt Arentsen (Jr)	Wisconsin Lutheran	32'07.50" 9.94
14	1			232	Pete Thompson (Fr)	Benedictine	30'11.00" 9.42
15	1			255	Matthew Oldenberg (So)	Concordia WI	30'00.75" 9.16

## High Jump

Finals

Place	Heat	Lane	Wind	Bib#	Name (Grade)	Team	Mark
1	1			213	John Oakley (Jr)	Aurora	6'05.00" 1.96
2	1			254	Jason McClelland (Fr)	Concordia WI	6'03.25" 1.91
3	1			250	Ricardo Levy (Jr)	Concordia WI	6'01.25" 1.86
4	1			280	Matt Moeller (So)	Wisconsin Lutheran	5'11.25" 1.81
5	1			245	Daniel Hamilton (So)	Concordia WI	5'11.25" 1.81
6	1			263	Kris Zemble (Fr)	Concordia WI	5'11.25" 1.81
7	1			218	Matt Waite (Jr)	Aurora	5'09.25" 1.76
8	1			215	Travis Quigley (Jr)	Aurora	5'05.25" 1.66
9	1			276	Tom Dietrich (So)	Wisconsin Lutheran	5'05.25" 1.66

# Pole Vault

## Finals

Place	Heat	Lane	Wind	Bib#	Name (Grade)	Team	Mark	
1	1			205	Jeff Fellers (Fr)	Aurora	12'11.75"	3.96
2	1			280	Matt Moeller (So)	Wisconsin Lutheran	12'06.00"	3.81
3	1			217	Aaron Smith (Jr)	Aurora	11'05.75"	3.50
4	1			233	Ryan Webster (Fr)	Benedictine	7'11.50"	2.43

## Team Scores

Place	School	Points
1	Aurora	186
2	Concordia WI	156
3	Wisconsin Lutheran	87
4	Benedictine	70
5	Rockford	47
6	Concordia Chicago	46
7	Edgewood	5